

5 Elements Constellation



February 1, 2, & 3rd, 2019

I *see specific dates for times

The Chinese system of 5 Elements (Fire, Earth, Metal, Water, and Wood) Theory: is an ancient Chinese philosophy that can be used to describe the movement and relationship between different elements and phenomena in nature. It is used in Chinese Medicine, Acupuncture, Psychology, and Feng Shui. as a model for wholeness and physical systemic health.

5 Elements Constellations: John Cheney's 5 Elements Constellations is an inclusive systemic approach that looks at issues that may have their roots in the family, as well as other issues we carry in relationship to our bodies, work, friends, loved ones and to nature.

Traditional Family Systems Constellations: focus on the dynamics of our family and can offer powerful healing for the individual seeking insight and resolution from the burdens/issues that we might carry from our family of origin.

In this workshop: we will examine healing our bodies and family systems with love, look at our strengths, human nature, burdens and entanglements, to see, bring light, and provide a place to release these burdens.

Facilitator: John Cheney has been involved with Family Constellations for 19 years. He has developed 5 Elements Constellation facilitation in the past 13 years. This approach can be particularly helpful for acute health problems, sleeping disorders, trauma, family healing legacies, and lack of energy. Acupressure and Acutonics are used to help the seeker during the Constellation.



Workshop

*Fri. Feb. 1, is 10-6pm, Sat. Feb. 2, 11-7, & Sun.

Feb. 3, 10-6pm

1 day is \$175

2 days is \$350

3 days \$499

Location:

Parkdale United Church
29198 Ave NW, Calgary
Conference Room

To register: Noreen Benning 403-993-8731 shaktihealing333@gmail.com

For more info: John Cheney 206-679-3961 firstbirdenator@gmail.com



<http://5elementsconstellations.com/about-2/about-joh/>